



### **NOTICE OF PRIVACY IN PUBLIC SETTINGS**

As reviewed previously, the Health Insurance Portability and Accountability Act of 1996 (HIPAA) is a federal program that requires that all medical records and other individually identifiable health information used or disclosed in any form are kept privately confidential.

While official records will not be used during outdoor or out-of-office activities, if you are interested in some of the active therapeutic sessions such as, but not limited to, walk and talks, hikes, outdoor sports, brief gym visits, stretching, there are potential limits to privacy due to the public setting in which these activities may occur. By signing this document, you are acknowledging that conversations in these spaces may not be entirely confidential, and The Mindful Heart and its clinicians may not be able to guarantee you full privacy. This goes for sessions which have portions that occur in the office and in public, or entirely out of office/off-location sessions.

The Mindful Heart and its clinicians strive to provide discreet services in such spaces and will use caution in any discussions occurring outside of the office setting. The client may always request the locations in which services occur. If you are concerned with the location and privacy of your sessions, please directly discuss these with your clinician.

I have read and understand this notice

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Signature of client or client's guardian

Date